





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
HOT YOGA - YIN YANG 5:30AM - 6:30AM Lora Blue Room	ZOOFIT 5:30AM - 6:30AM Jake Gym ROOM	HOT YOGA - SWEET VINYASA 5:30AM - 6:30AM Jade Blue Room	ZOOFIT 5:30AM - 6:30AM LISA	ZOOFIT 5:30AM - 6:30AM Jake Gym Room	WOW 7:00AM - 8:00AM Jake Gym Floor	HOT YOGA - YIN 9:00am - 10:00am Rotating Blue Room
ZOOFIT 5:30AM - 6:30AM Jake Gym Floor	Z-CIRCUIT 9:15AM - 10:00AM Georgia Gym Floor	ZOOFIT 5:30AM - 6:30AM Jake Gym Room	FITNESS BOXING 6:00AM - 7:00AM SPEEDY ZOO ROOM	HOT YOGA - VINYASA 6:00am - 7:00am Cinthya Blue Room	YOGA 7:30AM - 8:30AM Jade Blue Room	
Z-CIRCUIT 9:15AM - 10:00AM Georgia Gym Floor	HOT YOGA - POWER VINYASA 11:00am - 12:00pm Becki Blue Room	BODYPUMP 9:00AM - 10:00AM MATT STUDIO 2	Z-CIRCUIT 9:15AM - 10:00AM Georgia Gym Floor	Z-CIRCUIT 9:15AM - 10:00AM TIM GYM FLOOR	BODYSTEP 8:30am - 9:30am Michael Studio 2	
BODYPUMP 9:30AM - 10:30AM Kathy Studio 2		Z-CIRCUIT 9:15AM - 10:00AM CANDY GYM FLOOR	POWER VINYASA 11:00AM - 12:00PM BECKI Blue Room	BODYSTEP 9:30am - 10:30am Michael Studio 2	BODYPUMP 9:30AM - 10:30AM MICHAEL Studio 2	
HOT YOGA - POWER VINYASA 11:00AM - 12:00PM Becki Blue Room		YOGA YIN YANG 10:00AM - 11:00AM LORA Studio 2		HOT ABS 10:30AM - 11:00AM TIM Blue Room	HOT YOGA - YANG 10:30AM - 11:30AM Cinthya Blue Room	
		HOT YOGA - YIN YANG 11:00AM - 12:00PM Lora Blue Room		HOT YOGA- ACTIVE RECOVERY 11:00AM - 12:00PM BECKI BLUE ROOM		