



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

**SUNDAY**

<p><b>HOT YOGA - YIN YANG</b> 5:30AM - 6:30AM LORA BLUE ROOM</p>	<p><b>ZOOFIT</b> 5:30AM - 6:30AM JAKE GYM ROOM</p>	<p><b>HOT YOGA - SWEET VINYASA</b> 5:30AM - 6:30AM JADE BLUE ROOM</p>	<p><b>ZOOFIT</b> 5:30AM - 6:30AM LISA</p>	<p><b>ZOOFIT</b> 5:30AM - 6:30AM JAKE GYM ROOM</p>	<p><b>WOW</b> 7:00AM - 8:00AM JAKE GYM FLOOR</p>	<p><b>HOT YOGA - YIN</b> 9:00AM - 10:00AM ROTATING BLUE ROOM</p>
<p><b>ZOOFIT</b> 5:30AM - 6:30AM JAKE GYM FLOOR</p>	<p><b>Z-CIRCUIT</b> 9:15AM - 10:00AM GEORGIA GYM FLOOR</p>	<p><b>ZOOFIT</b> 5:30AM - 6:30AM JAKE GYM ROOM</p>	<p><b>FITNESS BOXING</b> 6:00AM - 7:00AM SPEEDY ZOO ROOM</p>	<p><b>HOT YOGA - VINYASA</b> 6:00AM - 7:00AM CINTHYA BLUE ROOM</p>	<p><b>YOGA</b> 7:30AM - 8:30AM JADE BLUE ROOM</p>	
<p><b>Z-CIRCUIT</b> 9:15AM - 10:00AM GEORGIA GYM FLOOR</p>	<p><b>HOT YOGA - POWER VINYASA</b> 11:00AM - 12:00PM BECKI BLUE ROOM</p>	<p><b>BODYPUMP</b> 9:00AM - 10:00AM MATT STUDIO 2</p>	<p><b>Z-CIRCUIT</b> 9:15AM - 10:00AM GEORGIA GYM FLOOR</p>	<p><b>Z-CIRCUIT</b> 9:15AM - 10:00AM TIM GYM FLOOR</p>	<p><b>BODYSTEP</b> 8:30AM - 9:30AM MICHAEL STUDIO 2</p>	
<p><b>BODYPUMP</b> 9:30AM - 10:30AM KATHY STUDIO 2</p>		<p><b>Z-CIRCUIT</b> 9:15AM - 10:00AM CANDY GYM FLOOR</p>	<p><b>POWER VINYASA</b> 11:00AM - 12:00PM BECKI BLUE ROOM</p>	<p><b>BODYSTEP</b> 9:30AM - 10:30AM MICHAEL STUDIO 2</p>	<p><b>BJJ OPEN MAT</b> 9:00AM - 10:00AM STUDIO 1</p>	
<p><b>HOT YOGA - POWER VINYASA</b> 11:00AM - 12:00PM BECKI BLUE ROOM</p>		<p><b>YOGA YIN YANG</b> 10:00AM - 11:00AM LORA STUDIO 2</p>		<p><b>HOT ABS</b> 10:30AM - 11:00AM TIM BLUE ROOM</p>	<p><b>BODYPUMP</b> 9:30AM - 10:30AM MICHAEL STUDIO 2</p>	
		<p><b>HOT YOGA - YIN YANG</b> 11:00AM - 12:00PM LORA BLUE ROOM</p>		<p><b>HOT YOGA- ACTIVE RECOVERY</b> 11:00AM - 12:00PM BECKI BLUE ROOM</p>	<p><b>HOT YOGA - YANG</b> 10:30AM - 11:30AM CINTHYA BLUE ROOM</p>	



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<p><b>KIDS KARATE</b> 4:00PM - 5:00PM KELLY STUDIO 1</p>	<p><b>KIDS KICKBOXING</b> 4:00PM - 5:00PM STUDIO 1</p>	<p><b>KIDS KARATE</b> 4:00PM - 5:00PM KELLY STUDIO 1</p>	<p><b>KIDS KICKBOXING</b> 4:00PM - 5:00PM JACK STUDIO 1</p>	<p><b>BODYPUMP</b> 5:30PM - 6:30PM HAYLEY STUDIO 2</p>		<p><b>HOT YOGA - YANG</b> 3:00PM - 4:00PM ROTATING BLUE ROOM</p>
<p><b>KIDS JUDO</b> 4:00PM - 5:00PM WARREN STUDIO 1</p>	<p><b>Z-CIRCUIT</b> 5:00PM - 5:30PM JAKE GYM FLOOR</p>	<p><b>KIDS JUDO</b> 4:00PM - 5:00PM WARREN STUDIO 1</p>	<p><b>PILATES</b> 4:00PM - 5:00PM SONIA</p>			<p><b>HOT YOGA - YIN</b> 4:00PM - 5:00PM ROTATING BLUE ROOM</p>
<p><b>TEEN FITNESS</b> 4:00PM - 5:00PM GEORGIA STUDIO 2</p>	<p><b>BODYPUMP</b> 5:30PM - 6:30PM GEMMA STUDIO 2</p>	<p><b>KIDS HIP HOP</b> 4:00PM - 5:00PM AMY STUDIO 2</p>	<p><b>KICKBOXING</b> 5:00PM - 6:00PM SCERRI</p>			
<p><b>*BOXING</b> 5:00PM - 6:00PM BENNY STUDIO 1</p>		<p><b>*BOXING</b> 5:00PM - 6:00PM BENNY STUDIO 1</p>	<p><b>Z-CIRCUIT</b> 5:00PM - 5:30PM JAKE GYM FLOOR</p>			
<p><b>HOT ABS</b> 5:00PM - 5:30PM TIM BLUE ROOM</p>		<p><b>HOT ABS</b> 5:00PM - 5:30PM TIM BLUE ROOM</p>	<p><b>SH'BAM</b> 5:30PM - 6:15PM MICHAEL STUDIO 2</p>			
<p><b>HOT YOGA - SWEET VINYASA</b> 5:30PM - 6:30PM CINTHYA BLUE ROOM</p>		<p><b>SH'BAM</b> 5:00PM - 5:45PM MICHAEL STUDIO 2</p>				
		<p><b>HOT YOGA</b> 5:30PM - 6:30PM LORA BLUE ROOM</p>				



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<p><b>*KICKBOXING</b> 6:00PM - 7:00PM SCERRI ZOO ROOM</p>	<p><b>SUB WRESTLING</b> 6:00PM - 7:00PM AVTAR GYM FLOOR</p>	<p><b>*NO GI BJJ</b> 6:00PM - 7:00PM IVAN STUDIO 1</p>	<p><b>SUB WRESTLING</b> 6:00PM - 7:00PM AVTAR GYM FLOOR</p>	<p><b>*NO GI BJJ</b> 6:00PM - 7:00PM IVAN/DAN STUDIO 1</p>		
<p><b>BODYPUMP</b> 6:30PM - 7:30PM MICHAEL STUDIO 2</p>	<p><b>HOT ABS</b> 6:00PM - 6:30PM TIM BLUE ROOM</p>	<p><b>HOT YOGA- YIN</b> 6:30PM - 7:30PM KRISTY BLUE ROOM</p>	<p><b>BODYPUMP</b> 6:30PM - 7:30PM AMELIA STUDIO 2</p>			
<p><b>ZOO STRENGTH</b> 6:30PM - 7:30PM TIM GYM FLOOR</p>	<p><b>HOT YOGA - POWER VINYASA</b> 6:30PM - 7:30PM BECKI BLUE ROOM</p>	<p><b>*BJJ (ALL LEVELS)</b> 7:00PM - 8:00PM IVAN/DAN STUDIO 1</p>	<p><b>*JUDO</b> 7:00PM - 8:00PM KYLIE STUDIO 1</p>			
<p><b>*BJJ ALL LEVELS</b> 7:00PM - 8:00PM IVAN/DAN STUDIO 1</p>	<p><b>PILATES</b> 6:30PM - 7:30PM SONIA STUDIO 2</p>		<p><b>HOT YOGA - POWER VINYASA</b> 7:30PM - 8:30PM BECKI BLUE ROOM</p>			
<p><b>HOT YOGA - YANG</b> 7:30PM - 8:30PM CINTHYA BLUE ROOM</p>	<p><b>*JUDO</b> 7:00PM - 8:00PM KYLIE STUDIO 1</p>					